

MINUTE of MEETING of the WEST LoTHIAN INTEGRATION STRATEGIC PLANNING GROUP of WEST LoTHIAN COUNCIL held within STRATHBROCK PARTNERSHIP CENTRE, 189(A) WEST MAIN STREET, BROXBURN EH52 5LH, on 19 JANUARY 2017.

Present – Jim Forrest (Chair, West Lothian Council), Marion Barton (Health Professional), Ian Buchanan (User of Social Care), Margaret Douglas (Health Professional), Clare Gorman (Health Professional), Steven Haigh (Health Care Professional), Dianne Haley (Health Professional), Jane Houston (Union Health), James McCallum (Health Care Professional), Mary-Denise McKernan (Carer of Users of Health Care), Alistair Shaw (Non-commercial provider of Social Housing), Charles Swan (Social Care Professional), Robert Telfer (Commercial Provider of Social Care) and Patrick Welsh (Chief Finance Officer)

Apologies – Carol Bebbington, Alan Bell, Colin Briggs, Elaine Duncan, Mairead Hughes, Pamela Main and Martin Murray

1. DECLARATIONS OF INTEREST

No declarations of interest were made.

2. MINUTE

The Group confirmed the Minute of its meeting held on 17 November 2016 subject to changing bullet point 2 on page 52 to read “frailty hub”.

3. HEALTH IMPROVEMENT AND HEALTH INEQUALITIES ACTIVITY

The Strategic Planning Group considered a report (copies of which had been circulated) by the Director providing an update on the work of the Health Improvement and Health Inequalities Alliance (HIHIA) and in particular the development of funding to inform commissioning of the next round of Health Improvement Fund projects from April 2018.

The group were advised that HIHIA had been in place in its current form since 2011. Its overall aim was “*to improve the health and well-being of those who lived and worked in West Lothian and to address the gap between those with the best possible health outcomes and those with the poorest health outcomes*”. It was responsible for providing strategic direction for specific areas of health improvement work, with operational delivery being the responsibility of the relevant managers.

HIHIA was currently overseeing a number of action plans in the following areas of work :-

- Eatright
- West Lothian on the Move
- Tobacco

- Children and Young People's health and well-being; and
- Health in later life

As well as overseeing programmes of work to address these health improvement topics, HIIHA recognised that wider work within the Community Planning Partnership had a significant impact on health. For this reason the group also provided input into policy areas as appropriate and in the last year this had included engaging with the development of the Local Development Plan, Active Travel Plan and the Local Housing Strategy.

Some of the activity that HIIHA oversaw was funded by the NHS Lothian Health Improvement Fund (HIF). The current HIF projects were funded until April 2018, had Service Level Agreements in place and were monitored by a link officer. The current West Lothian HIF projects were summarised in Appendix 1 attached to the report.

The HIF Oversight Group had decided to review the allocations because many of the projects had been funded for more than a decade and it had requested that HIIHA identify priorities and activities to be funded in West Lothian from the next round of allocation; HIIHA had been asked to do this by April 2017 to allow time for projects to be commissioned. The HIF Oversight Group had identified high level priorities to provide guidance on the kinds of activities that were appropriate for HIF funding and these were :-

- Early years support and early interventions for children and young people; and
- Social capital and community capacity building

The HIF Oversight Group had also decided to re-distribute the total funding available in each area to be weighted equally by: overall population, population of children under 5 and population living in SIMD 1. This would mean that the total annual funding available in West Lothian from April 2018 would be £213,268. This was more than the current allocation of £191,208 which reflected historical patterns of HIF spend.

The report continued by advising that HIIHA had begun a process to identify priorities to inform its future work programme and was looking to the Strategic Planning Group to contribute their views based around the following questions :-

1. What are the key issues and assets that impact on health in West Lothian?
2. What are the gaps in health improvement work?
3. Which determinants should we focus on to make the biggest difference to health?

There then ensued a discussion around each of the questions and the

following themes emerged :-

Question 1 - What are the key issues and assets that impact on health in West Lothian

- ❖ Use of our assets
- ❖ Support at home for the elderly
- ❖ Buy-in from the community and family members
- ❖ Better use of Neighbourhood Networks
- ❖ Not wishing to travel into cities

Question 2 - What are the gaps in health improvement work

- Education on health matters in primary schools
- Mental health
- Safe drug-use environments
- Social isolation
- Support for homelessness
- Support for young carers

Question 3 - Which determinants should we focus on to make the biggest difference to health

- Mental health and alcohol use
- Social isolation
- Exercise needs/obesity

It was also noted that any projects identified needed to fit into the wider aspirations and work of the IJB.

Decision

- 1) To note the contents of the report; and
- 2) To note the outcome of the discussion in relation to the three questions posed in the report prepared by Dr Margaret Douglas of the Health Improvement and Health Inequality Alliance

4. THE LOTHIAN HOSPITALS PLAN

The Strategic Planning Group considered a report (copies of which had been circulated) by Colin Briggs, Associate Director, NHS Lothian which concerned the Lothian Hospitals Plan covering adult services only.

The group were advised that the report was a high level document that was the starting point for discussion around the future direction of the four acute hospitals in Lothian. These being :-

- Royal Edinburgh Hospital
- St John's Hospital
- Western General Hospital
- Royal Infirmary of Edinburgh

The Lothian Hospital Plan had been constructed around the sites identified in the clinical strategy "*Our Health, Our Care, Our Future*" (OHOCOF), which had been agreed by NHS Lothian in 2014. Three broad themes had also been identified these being, medical specialities, elective specialities and cancer services.

The report also summarised a number of key points including :-

- ❖ The urgent work undertaken on specific projects;
- ❖ The vision developed by the University Hospitals sessions;
- ❖ The work of the 5 programme boards;
- ❖ The hospital plan for each site; and
- ❖ Review of IJB strategic plans and detailed discussions on what IJB's would value in the Lothian Hospital Plan.

The report then provided a summary for each of the four acute sites and included proposals for medical receiving options in the Lothian's.

The report concluded with details on the consultation which would be undertaken on the hospital plan noting that detailed discussions would require to be held with IJB's as the strategic direction of medical services was very much an IJB competence.

The group then undertook a discussion on the contents of the paper and noted the following points :-

- Consultation on the proposals needed to commence at the earliest opportunity;
- The plan should clarify that A&E facilities would be continuing at St John's Hospital
- Make clear in the "headline" for St John's Hospital that it was also a district general hospital;
- That the plan for Lothian hospitals should include both children and maternity services;

- There were pressures on Learning Disabilities in West Lothian; and
- More traffic would be generated at St John's Hospital if more elective care was taking place at this site.

It was noted that it was intended for the report to be presented to the next scheduled meeting of the West Lothian IJB and it was suggested that a covering report be produced and should contain the points raised at the Strategic Group meeting.

It was also suggested that the Strategic Group receive regular updates on the Lothian Hospital Plan particularly as consultation commenced and the plan started to evolve and be implemented.

#### Decision

1. To note the contents of the report;
2. To note the points raised by the Strategic Group;
3. To agree that a covering report be produced before the item was presented to the next scheduled meeting of the West Lothian IJB; and
4. To agree that the Strategic Group be provided with regular updates as consultation got underway and the plan started to evolve.

#### 5. WEST LOTHIAN ELDERLY PROGRAMME UPDATE

The Strategic Planning Group considered a report (copies of which had been circulated) by the Programme Manager which provided an update on progress made with the West Lothian Frail Elderly Programme.

Attached to the report at Appendix 1 was a diagram that set out the health and social care system for the frail elderly population in West Lothian and included details of each of the programmes being developed; these being Frailty Hub & Rapid Access Clinic, In-Patient Re-design Project, Immediate Care Project and Older People's Mental Health Project.

Recommendations for each project were discussed at an extended Programme Board meeting in December 2016 and further work would be carried out in January and February 2017 to develop detailed business cases. The Older People's Mental Health project was intending to submit its recommendations in February 2017 and the other three projects would be brought together in a programme business case to be submitted to the March 2017 Programme Board meeting.

The report then provided a narrative on each of the projects and were summarised as follows :-

#### Frailty Hub & Rapid Access Clinic

The aim of this project was to create an integrated community-based Hub and Rapid Access Clinic (RAC) which would provide patients, their families and GP's with one point of contact to refer elderly patients for managing an episode of acute deterioration by providing combined assessment, access to care and treatment as appropriate under the REACT (Rapid Elderly Assessment Care Team) banner.

#### In-Patient Re-design Project

This project involved the move away from the language of "medically fit for discharge" to one where frail elderly patients were "safe for transfer" based on a Comprehensive Geriatric Assessment (CGA), setting out safe discharge criteria and plans for ongoing assessment and follow up in the community. This would include the managing of the expectations of patients, family and acute care staff that ongoing care needs of elderly patients could often be met in the patient's own environment.

#### Intermediate Care Project

This project aimed to explore the contribution that intermediate care provision could make to the whole system review and redesign including care provided in :-

- Individuals' own homes, sheltered and very sheltered housing complexes
- Designated beds in community hospitals
- Designated beds in local authority or independent provider care homes

#### Older People's Mental Health Project

This project would cover three main areas which were as follows :-

- ❖ To propose a more sustainable model for the core Older People's Assessment and Care Team (OPACT)
- ❖ To recommend how best to deliver the 1 year post-diagnostic support requirement for those diagnosed with dementia (PDS)
- ❖ To recommend how best to provide a Behavioural Support Service (BSS) for care at home residents.

#### Decision

1. To note the content of the report; and
2. To look forward to the plan being implemented at the earliest opportunity.

The Strategic Planning Group considered a report (copies of which had been circulated) by the Chief Finance Officer providing an update on the 2017-18 Scottish Draft Budget, including an initial assessment of the implications for NHS Lothian and West Lothian Council and resulting contributions to West Lothian IJB.

The Chief Finance Officer explained that the Cabinet Secretary for Finance and the Constitution announced the Scottish Draft Budget 2017-18 on 15 December 2016. Scotland's proposed spending plan, as set out in the Draft Budget 2017-18, amounted to £38,048 million which was an increase of £928.8 million compared to the 2016-17 Scottish Budget. The Health and Sport Budget would see an increase of £267.5 million whilst the Local Government Budget would see a decrease of £307.07 million. Therefore taking into account the movement across both portfolios there would be a cash reduction compared to 2016-17 funding levels of over £40 million.

The Chief Finance Officer then provided the group with an overview of the initial budget allocations for 2017-18 for both NHS Lothian and West Lothian Council. Information was also provided in the report of the allocations being made as part of the Health and Social Care Fund noting that it had recently been confirmed that West Lothian IJB's share would be £3.06 million.

Attached to the report at Appendix 1 was a letter from the Scottish Government to Lothian IJB Chief Officers regarding the Scottish Government's Draft Budget 2017-18 and included details of priorities for integration, details of which were also summarised in the report.

The Chief Finance Officer continued to advise that it was clear from the draft 2017-18 Scottish Budget that the budget process would be extremely challenging for NHS Boards, Local Authorities and Integration Authorities and that at this stage the council had an overall budget gap of £6.3 million while NHS Lothian had a budget gap of £56 million

An update report on the position with the NHS Lothian and West Lothian Council budgets and potential implications for the IJB 2017-18 budgets would be reported to the IJB meeting on 31 January 2017. Following on from this it was anticipated that the 2017-18 budget contributions from West Lothian Council and NHS Lothian would be reported to the IJB on 14 March 2017 at which the IJB would be asked to approve directions to both Partners for them to deliver delegated functions within the overall budget resources that had been made available.

The report concluded that in terms of future year's budgets, it was clear from Treasury public spending plans in place that future years funding would continue to be very constrained. Taken in conjunction with increasing demands within health and social care, it was considered vital going forward that a medium term financial strategy and planning was developed during 2017. Discussions therefore were taking place with the council's Head of Finance and Property Services and the NHS Lothian Director of Finance to advance this for 2018-19 onwards.

It was recommended that the IJB Strategic Planning Group :-

1. Note the provisional impact assumed on NHS Lothian and West Lothian Council funding taking account of the 2017-18 Scottish Draft Budget and proposed timescales for budget setting;
2. Note the 2017-18 Health and Care Social funding included in the settlement and the make-up of this funding;
3. Note the Scottish Government letter to IJB's in respect of expectations around the 2017-18 budget settlement; and
4. Note the proposed next steps regarding the IJB 2017-18 budget contributions from NHS Lothian and West Lothian Council and future year budget planning.

#### Decision

To note the contents of the report

### 7. WORKPLAN

A workplan had been circulated which provided details of the work of the Strategic Planning Group over the coming months.

It was agreed that the following be included in the workplan and that if anyone had any items they wish to include then they were to contact Jim Forrest :-

- Update on budget – March 2017 meeting
- Lothian Hospital Plan update – March 2017 meeting
- Frail Elderly Programme – April 2017 meeting

#### Decision

1. To note the contents of the workplan; and
2. To agree to include updates over the coming months on the budget, Lothian hospital plan and the frail elderly programme.