

WEST LOTHIAN FOODBANK
HELPING LOCAL
PEOPLE IN CRISIS

We are opening!

59a South Street,
Armadale
EH48 3ET

Item No. 5

Charity Shop,

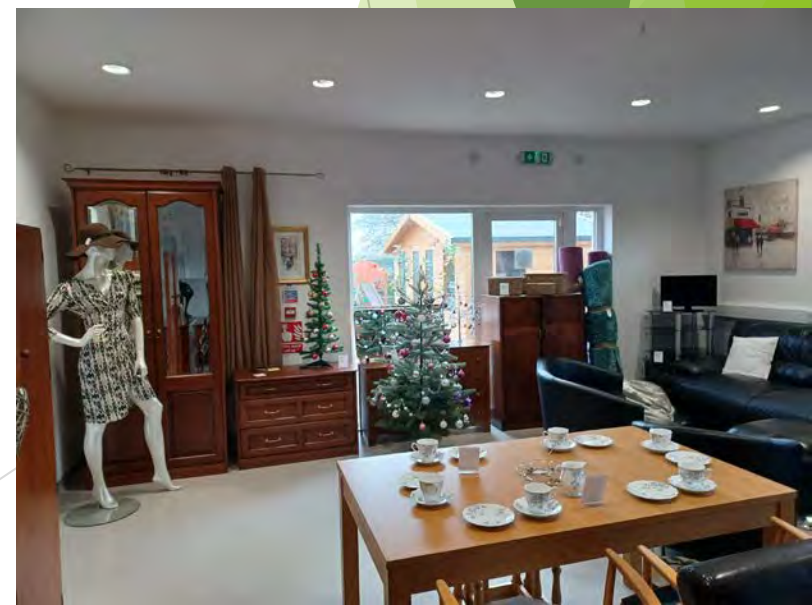
Furniture and Fancy Goods

Entrance through the Garden

Mon-Fri
10-4pm

From 31st October







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- ▶ Foodbank Mon, Wed, Fri
- ▶ Food Pantry Tue, Thu, Sat
- ▶ Charity shop Mon - Sat
- ▶ Furniture shop Mon - Sat
- ▶ Rhapsody Music (P1-P7) Tue, Thu, Fri
- ▶ Buggy walks Tue, Thu, Fri
- ▶ Food growing garden with workshops for all ages
- ▶ Poverty support services (weekly) with advice shop, citizens advice bureau, social security Scotland, Christians Against Poverty, Link Housing, Access2employment, Adult basic education
- ▶ Community lets including NHS addictions and local church



Free Family Fun Day!

11am-2pm
Saturday 5th November



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Free VEG-ON-A-LEDGE Workshop

With the Royal Horticultural Society

Line, decorate and plant your own window sill to take home.
(Please note they will need transport to take home)

**Tuesday 8th & Thursday 10th
November**

11am - 12:30pm

Limited spaces, please message our facebook page or email
briony@westlothian.foodbank.org.uk to book a space.

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Inside if adverse
weather.



- ▶ Partnered with RHS, Men shed and Mill Garden Centre to teach people to grow veg at home
- ▶ Free growing equipment for 150 households
- ▶ Community events for all ages, including engaging with schools



- ▶ 28 raised beds for potatoes, carrots, onion, broccoli and salad leaves
- ▶ 20 Apple Trees
- ▶ Eco friendly



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Armadale & Blackridge Local Area Committee

Together, we will make sure no-one in Armadale & Blackridge goes hungry and people experience a healthier, better and more equitable life.

Thank you for the opportunity to speak.