West Lothian
Health & Social Care Partnership
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West Lothian Integration Strategic Planning Group

Meeting Held on 20 October 2022 at 14.00, Held virtually on Microsoft TEAMS

MINUTE & ACTIONS

Present:	Katharina Kasper (Chair), Alison White, Sharon Houston, Yvonne Lawton, Hazel Dowling, Stuart Barrie, Neil Ferguson, Karen Wernham, Fiona Huffer, Elaine Duncan, Jennifer White, Lisa Hunter, Mandie Millar, Karen Love, Andreas Kelch, Lesley Cunningham, Gillian Amos, Linda Yule, Kerry Taylor
Apologies:	Alison Wright, Ashley Goodfellow, Jo MacPherson

	Discussion/Decision	Action	By Whom	By When
1.	**Introductions and Apologies** Apologies were noted.			
2.	**Order of Business including notice of urgent business**			
3.	**Declarations of Interest** No declarations of interest.			
4.	**Confirm Draft Minute of Meeting of the Strategic Planning Group from meeting of 1 September 2022 -** Agreed.			
5.	**Home First Overview** Yvonne Lawton (YL), interim Head of Health introduced the Home First Programme and introduced each workstream. WS1: Access to community and acute services – avoid unnecessary hospital attendance WS2: Care@Home – crisis care WS3: Bed based review			

WS4: Care@Home – contracts and commissioning

Workstream 1

WS1A: Karen Love, Senior Manager Adult Services gave an overview of the Community Hubs. Steady progress has been made with the hubs which are currently running in Linlithgow and West Calder.

There have been some delays with the launch of Livingston North and Blackburn which are now ready to launch within the next two weeks.

The first recruitment programme has been successful with 9 volunteers identified.

Armadale and Craigshill have will be the next areas to launch hubs as the project scales up.

WS1B: YL shared the importance of people getting access in a timely fashion to the appropriate services and this embarked with Single Point of Contact (SPoC). Private GP practices were identified to launch the pilot scheme.

WS1B is currently paused for now due to the work being complete.

WS1C: YL spoke of the pilot focussing on urgent referrals and the coordination of care. It has been scaled from 2 to 4 practices and 100% of target timescales have been met.

A successful SPoC patient story was shared to highlight key steps taken and the timescales achieved. The pilot has been extended over winter to learn from crisis time.

Question asked if this was for all adults? YL confirmed that the service is for all adults however main use of older adults, and that mental health services are not currently included.

Workstream 2
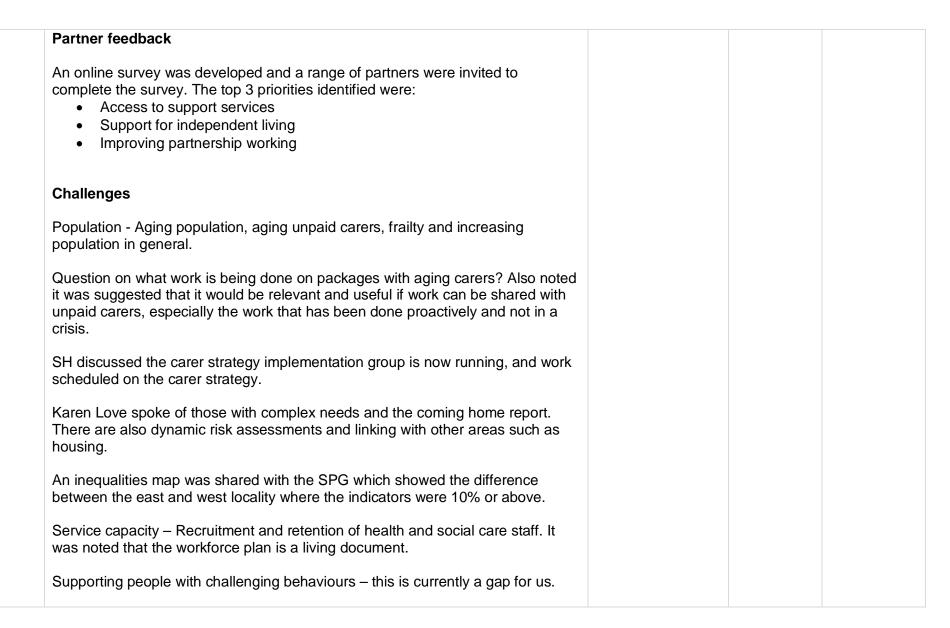
Neil Ferguson (NF), General Manager for Primary Care and Community Services shared an overview of Workstream 2, Care at Home – Home First.

A summary was given of a key theme of opportunities for new integrated ways of working and the use of technology where appropriate.

Discussion raised from members of the SPG regarding mental health services needing to be included and that if secondary care is not available then the use of primary care services should be utilised.

NF confirmed that mental health services, to date, have been kept separate to keep workstreams continuing to make progress.

YL highlighted the importance of remembering that the workstream plans range over a number of years and there are longer term ambitions.

Questions raised from members of the SPG regarding timescales for rolling out to more practices? It was discussed that recruitment was holding up expansion plans at the moment.

Positive feedback given in relation to how the pilot has been introduced, and it was felt it had been done in a sensible way.

Workstream 3

YL gave an update on Workstream 3, Bed Based Review.

YL shared that there is currently a lot of preparation work in the background ongoing, with the full project not started as of yet. There has been a delay due to waiting on correct data, with a revised launch date and a scheduled first meeting for 11th November, which could be discussed further at a future meeting.

	The ongoing closure of St Michael's Hospital was discussed and advised that further data is due to be received in November with engagement planned.
	
	Workstream 4
	
	Sharon Houston (SH), interim Head of Strategic Planning and Performance gave an update on Workstream 4, Care at Home – Contracts and Commissioning.
	
	A project initiation document (PID) was taken to the IJB in May 2022.
	
	Project 4a will maintain, review and develop the Care at Home oversight and assurance arrangements whilst considering data analysis and presentation of information which will inform the Care at Home Oversight Group to enable an assessment of assurance and decision.
	
	Project 4b will examine a range of activities, all of which will have the potential to impact positively. There are 3 streams within this project:
	    • The use of technology
	    • Assessment and Review
	    • Short term improvements in internal and external care at home provision
	
	Project 4 c will design and implement new contracting arrangements for the delivery of Care at Home in West Lothian. Improve and stabilise the supply of care at home services. Ensure that a whole system approach is taken to the delivery of care at home services underpinned by the principles of Home First.
	
	YL highlighted the link to WS2 – discharge services.			

6.	**Workforce Plan** Sharon Houston (SH), interim Head of Strategic Planning and Performance shared an update on the West Lothian Health and Social Care Partnership Workforce Plan.			

	The workforce plan was submitted to Scottish Government on 31st July 2022. Not all challenges are West Lothian specific, some are national such as how do we engage with staff and also the promotion of jobs within health and social care. There are two governance routes due to the inclusion of children and families and justice services therefore both the IJB and council executive. Feedback from Scottish Government was due in September; however, we have only recently received this. Mainly positive feedback, it stated that there was a helpful graphic – recovery, transformation and growth in line with the "home first" approach. Financial challenges were mentioned along side the use of technology with key findings during the pandemic. The expectation is the plan will be published on 31st October 2022. The workforce plan can be shared at a future meeting.				
7.	**Strategic Priorities Workshop** Sharon Houston (SH), interim Head of Strategic Planning and Performance introduced the strategic priorities workshop. Members were asked to consider if any gaps could be identified, wat works well and what doesn't. Members were also asked if the findings of the Strategic Needs Assessment were surprising and if there were any opportunities that could be identified to deliver our services differently. The SPG have been involved in identifying the priorities: • Improving health inequalities in partnership • A "Home First" approach • Enabling good care and treatment People were supportive of the home first approach, early intervention and workforce is key.				

Partner feedback

An online survey was developed and a range of partners were invited to complete the survey. The top 3 priorities identified were:
- Access to support services
- Support for independent living
- Improving partnership working

Challenges

Population - Aging population, aging unpaid carers, frailty and increasing population in general.

Question on what work is being done on packages with aging carers? Also noted it was suggested that it would be relevant and useful if work can be shared with unpaid carers, especially the work that has been done proactively and not in a crisis.

SH discussed the carer strategy implementation group is now running, and work scheduled on the carer strategy.

Karen Love spoke of those with complex needs and the coming home report. There are also dynamic risk assessments and linking with other areas such as housing.

An inequalities map was shared with the SPG which showed the difference between the east and west locality where the indicators were 10% or above.

Service capacity – Recruitment and retention of health and social care staff. It was noted that the workforce plan is a living document.

Supporting people with challenging behaviours – this is currently a gap for us.

Support for delivery of Home First
- The over 75s almost half the number of days in hospital despite being ready for discharge than national average
- Slightly higher rate of people receiving care at home than the national average (2.3%)
- 71.7% of adults in West Lothian who are supported at home agreed that their support was well coordinated (5.3% higher than the Scottish average)
- Extent of discharge delays in West Lothian for health and social care reasons has reduced by 26% since June 2016 – July 2017, bringing it below the Scottish average
- 7,643 occupied bed days (20/21) which were subject to a delayed patient discharge. Lower rate caused by health and social care delays compared to Scottish average

Feedback given regarding the inequalities map that members were taken aback by the difference within West Lothian.

IJB's financial pressures
- IJB Annual Budget of £262 million to deliver key services
- The IJB will receive less money from the council and health board, combined with workforce pressures and increasing demand means that the IJB will need to change the way that health and social care services are delivered
- Based on financial planning assumptions, a budget gap of £13.2 million is currently forecast over the three-year period for IJB services
- An initial range of proposals totalling £9.69 million have been identified for relevant social care and health services

The IJB's current consultation "Modernising Adult Social Care" is now open and is seeking views on the bellow proposals:
- Service Redesign, Efficiency and Modernisation
  Estimated savings - £4.83 Million

- Community Building Based Supports
  Estimated savings - £3.62 Million
- Digitalisation and Technology
  Estimated savings - £1.24 Million

We have opportunities to make positive changes – we need to ask 'how do we do that' and look at internal processes and practices. It is key for members of the SPG to be critical friends for the strategic plan.

Positive comments and feedback from the Chair and members of the SPG. The Chair commended on the second element around efficiencies and noted it was encouraging that there is already a plan in place to bridge the gaps.

YL highlighted the importance of locality and noted in the last strategic plan we reported on West Lothian as a whole – question of if we need to pick up on the layout of the strategic plan.

Next meeting Thursday 8th December 2022 at 14.00, held virtually on TEAMS.