

WEST LOTHIAN STRATEGIC PLANNING GROUP

Date: 11/08/2016

Agenda Item: 8

TECHNOLOGY ENABLED CARE PROGRAMME

REPORT BY DIRECTOR

A PURPOSE OF REPORT

To provide the Strategic Planning Group details of the West Lothian Technology Enabled Care Programme. (WL TEC Programme).

B RECOMMENDATION

It is recommended that the Strategic Planning Group notes and considers the information in relation to the future provision of technology enabled care in West Lothian.

C TERMS OF REPORT

Technology-Enabled Care (TEC) is defined as: where outcomes for individuals in home or community settings are improved through the application of technology as an integral part of quality cost-effective care and support. This includes, but is not limited to, the use of telecare, telehealth, teleconsultation, video conferencing (VC) and mobile health & wellbeing (mHealth).

West Lothian has currently been awarded £515,000 by the Scottish Government TEC Fund to participate in the 2 year national TEC programme. This will enable us to build upon our original investment in telecare technology and accelerate commitment in line with emerging national and local priorities and technological developments.

The funding will allow us to expand the range of services offered and provide greater opportunity to an increased number of our service users in particular to

- Meeting the increase in demand for services from the growing elderly population and people with dementia to enable them to live as independently as possible within their own home
- Rebalancing the health inequalities in West Lothian
- Expand and integrated the routine use of TEC and ensure TEC becomes sustainable and embedded feature within health, housing and care support services.

The West Lothian Technology Enabled Care Programme (WL TEC Programme) has been established to progress activities and ensures we meet the expected outcomes and deliverables.

We will be developing the use of TEC in the following areas:

1. **Expansion of home health monitoring** as part of integrated care plans. This includes SMS messaging for BP monitoring and wound management and exercise motivation for falls management programmes;
2. **Expanding the range and extent of Telecare use**, with a particular focus on upstream prevention to support hospital discharge and reduce the rate of readmissions. We will be implementing a range of equipment for activity monitoring, lifestyle monitoring, medication prompts, and exploring the potential of wearable technology to support health and wellbeing.
3. **Expanding the use of video conferencing** to support teleconsultations, training and reduce the need for face to face appointments

Targets will mean that over 600 service users in West Lothian should benefit from the Programme. This support will allow us to release resources and allow us to redesign services at scale which are aligned locally, more efficient, joined up and person-centred and sustainable in the future.

D CONSULTATION

- Strategic Planning Group

E REFERENCES/BACKGROUND

- National Technology Enabled Care Programme
- <http://www.jitscotland.org.uk/action-areas/telehealth-and-telecare/technology-enabled-care-programme/>

F APPENDICES

Project Initiation Document V2 – Draft

G SUMMARY OF IMPLICATIONS

Equality/Health	Projects initiated under the WL TEC Programme will be subject to an equality impact assessment.
National Health and Wellbeing Outcomes	The WL TEC Programme will support the relevant National Health and Well-Being Outcomes in accordance with the IJB Strategic Plan
Strategic Plan Outcomes	The WL TEC Programme is aligned to relevant Strategic Plan outcomes and will incorporate detailed performance indicators.

Single Outcome Agreement	The WL TEC Programme outcomes are aligned to the Single Outcome Agreement outcomes related to health and social care
Impact on other Lothian IJBs	None
Resource/finance	None
Policy/Legal	“A National Telehealth and Telecare Delivery Plan for Scotland to 2016: Driving Improvement, Integration and Innovation”
Risk	Identified separately for each project strand.

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