

3. ACTIVE SCHOOLS 2011-2015

In February 2003, Blackridge Primary School hosted the Scottish Executive launch of the National Physical Activity Strategy, one of the key documents in Scotland's battle against the increasing levels of inactive, unfit and overweight Scottish People. Active schools was one of the four areas defined within the strategy and was seen as a key driving force in promoting positive change across primary and secondary schools in Scotland.

The Education Executive considered a report by the Head of Area Services (which had been circulated) advising of the proposed continuing support for Active Schools for the next four years. The key outcomes of Active Schools were to:-

- Increase opportunities for all children and young people to be engaged in physical activity and sport
- Strengthen pathways to participation and performance through developing sustainable school to community links

The report explained that Active Schools and Sports Development would focus on an integrated planning approach to ensure Sport and Outdoor Education was delivered to schools and communities as effectively as possible. Active Schools and Sports Development would together produce an integrated school and Community Sport Plan for West Lothian

There was currently 13 FTE Active Schools staff who worked across all 11 secondary school areas. Figures from term monitoring were outlined in the report which demonstrated the success of Active Schools through increasing participation figures and in the number of volunteers.

The Head of Education recommended that the Education Executive note the content of the report and approve the next 4 years of Active Schools in West Lothian.

Decision

To approve the terms of the report.