



## ***St John's Hospital Stakeholder Group***

West Lothian Civic Centre  
Howden South Road  
LIVINGSTON  
EH54 6FF

Waverley Gate  
2-4 Waterloo Place  
Edinburgh  
EH1 3EG

10 March 2017

A meeting of St John's Hospital Stakeholder Group will be held within **Board Room 1, St John's Hospital, Howden Road West, Livingston (and by video conference call from Waverley Gate)** on **Wednesday 15 March 2017 at 2:30 p.m.**

### **BUSINESS**

#### **Public Session**

1. Apologies for Absence
2. Declarations of Interest - Members should declare any financial and non-financial interests they have in the items of business for consideration at the meeting, identifying the relevant agenda item and the nature of their interest.
3. Order of Business, including notice of urgent business
4. Confirm Draft Minute of Meeting of St John's Hospital Stakeholder Group held on Wednesday 15 February 2017 (herewith).
5. Diabetes in Lothian
  - (a) Presentation by Nicola Zammitt, Clinical Director (ECED), Clinical Co-Chair Lothian Diabetes MCN (herewith)
6. Paediatric Services/Paediatric Outpatient Clinic Waiting Times - Update by Fiona Mitchell
7. Identifying Ways to Reduce Pressure Ulcers in Hospital Patients - Update by Agnes Ritchie
8. Car Parking at St John's Hospital - Update by Aris Tyrothoulakis

DATA LABEL: Public

9. Workplan (herewith)

10. Date of Next Meeting: 19 April 2017

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NOTE **For further information please contact Elaine Dow on 01506 281594  
or email [elaine.dow@westlothian.gov.uk](mailto:elaine.dow@westlothian.gov.uk)**

MINUTE of MEETING of the ST JOHN'S HOSPITAL STAKEHOLDER GROUP of WEST LoTHIAN COUNCIL held within BOARD ROOM 1, ST JOHN'S HOSPITAL, LIVINGSTON, on 15 FEBRUARY 2017.

Present

Councillor Anne McMillan, Appointed Representative (Chair)  
Councillor Dave King, Appointed Representative  
Councillor Lawrence Fitzpatrick (substituting for Councillor John McGinty)  
Martin Hill, Non-Executive member, NHS Lothian  
Alex Joyce, Non-Executive members, NH Lothian  
Jacquie Campbell, Interim Chief Officer, Acute, NHS Lothian (by video link)  
Fiona Mitchell, Director of Women's and Children's Services, NHS Lothian  
Anne Smith, Site General Manager, NHS Lothian  
Aris Tyrothoulakis, St John's Hospital Interim Site Director  
Maureen Anderson, Patient Representative  
Jim Forrest, Depute Chief Executive, Health and Social Care Partnership  
Agnes Ritchie, Associate Nurse Director, NHS Lothian

Apologies

Councillor John McGinty, Appointed Representative  
Caroline McDowall, Partnership Lead St John's Hospital

In Attendance

Val Johnston, Committee Officer, West Lothian Council

1. DECLARATIONS OF INTEREST

Agenda Item 6 – Paediatric Services/Paediatric Outpatient Clinic Waiting Times – Martin Hill declared an interest due to him being a member of the Paediatric Programme Board

2. MINUTE

The group confirmed the Minute of its meeting held on 18 January 2017 as a correct record.

3. PAEDIATRIC SERVICES/PAEDIATRIC OUTPATIENT CLINIC WAITING TIMES

The Stakeholder Group noted the update provided by Fiona Mitchell, Director of Women's and Children's Services on the current position within paediatric services at St John's Hospital.

The group heard that as at the end of January 2017 the number of children waiting 12 weeks or more was 9.

Additionally 3 new paediatric consultants had taken up post with the remainder due to start in March 2017. There were also two consultant posts remaining unfilled but an advert for these had been placed in the appropriate journals and the closing date was Sunday 19 February 2017.

Management remained confident that there would be a good response to these adverts.

In relation to a question asked on the rota now being more stable as a result of the new consultant taking up post, Fiona responded that the rota could not be considered fully stable until all vacant posts had been filled. However the rota had remained satisfactorily covered for the whole of January, February and March. A few gaps remained in the April rota but with regular meetings taking place it was hoped that this would be an improving picture.

In relation to a further question from the group in terms of outpatients waiting times improving as a result of the new consultants coming online, Fiona responded by stating that NHS Lothian fully expected to see an rapid improvement in waiting times as a result of further consultants coming into post.

The group thanked Fiona for the update.

#### Decision

To note the update provided by Fiona Mitchell Director of Women and Children's Services, NHS Lothian.

#### 4. ST JOHN'S HOSPITAL QUALITY DASHBOARD

The group considered a report (copies of which had been circulated) by Agnes Ritchie, Associate Nurse Director providing details of a number quality measures as at the end of January 2017.

The group were advised that the quality measures were split into three categories; these being Person Centred, Safe and Effective. The report then provided a series of charts and graphs demonstrating a range of outcomes. It was to be noted with regards to Person Centred outcome the measure on "Tell us Ten Things" was on hold for the moment due to the "getting to know you" documentation.

Agnes amplified a number of statistics in the report including advising the group that the number of falls had increased because the hospital was dealing with more frail elderly patients and that she was actively working with the Fall Co-ordinator on this. The group were also advised that St John's Hospital remained a high performer in unscheduled care.

Ms Ritchie then responded to questions from members of the group.

#### Decision

To note the contents of the report

#### 5. WORKPLAN

The group considered the contents of the workplan (copies of which had

been circulated)

The Clerk then advised the group that there were a number of items on the workplan that required further clarity from the group on what information was required simply due to the passage of time and some NHS Lothian staff having moved onto other roles within the organisation.

A question was also raised with regards to future meetings of the group on the lead-up to the local government election in May 2017.

The Clerk confirmed that both matters would be investigated and reported back to the group in due course.

The Chair then confirmed that for the next meeting of the group, subject to it going ahead, that the agenda would consist of the following items of business :-

- Paediatric Services update
- Diabetes update
- Reduction of pressure ulcers; and
- Hospital weekend working (but this was to be subject of confirmation of what exactly was required by the group)

#### Decision

- 1) To note the contents of the workplan;
- 2) To request that the Clerk clarify with members of the group what further information was required in relation to some of the workplan items of business; and
- 3) To request that the Clerk confirm if meetings of the group would proceed on the lead-up to the local government elections in May 2017.

#### 6. DATE OF NEXT MEETING

The group noted the date of the next meeting scheduled to be held on 15 March 2017.



# Diabetes in Lothian

Nicola Zammitt

Clinical Director (ECED)

Clinical Co-Chair Lothian Diabetes MCN

## Outline

- Background to ECED and MCN: pan-Lothian diabetes
- How does diabetes in Lothian fit into the wider context?
- Examples of pan-Lothian working
- Questions/discussion

# Diabetes in Lothian: ECED

- Previously: 3 separate Diabetes/Endo depts.
- Each unit managed by CD for acute medicine
- Oct 2010: Edinburgh Centre for Endocrinology (ECE): RIE and WGH
- Feb 2014: ECE and Diabetes (ECED). Incorporated SJH
  - Pan-Lothian scope
  - Unifying clinical protocols
  - Robust cross-cover for sub-specialty services
  - Weekly cross-city meetings by VC (RIE, WGH, SJH).
- CD D&E appointed Dec 2015. Move to OAS April 2016
- CD is also clinical lead of diabetes MCN
- Align strategic and operational priorities
- Realise our pan-Lothian ambitions



# Diabetes Managed Clinical Network (MCN)

- Established 2006 as part of diabetes strategy to support joined up care between diverse professionals and patients.
- Mission statement: to promote optimum health for all people with diabetes in Lothian through the design and delivery of an integrated service
- Aims of the network
  - To minimise complications and premature death in diabetes
  - To maximise quality of life by detecting and treating the disease and its complications at an early stage
  - To provide equal access to high quality diabetes care for all
  - To ensure all people with diabetes are given the right treatment by the right person at the right time in the right place

# Diabetes: the wider context

- National Diabetes Improvement plan 2014

## Diabetes in Scotland: Priorities for Improvement

Aim: To improve the experience and clinical outcomes for patients living with diabetes across Scotland.

### Prevention and Early Detection of Diabetes and its Complications

Public health, primary care, prescribing and prevention subgroup  
LES

### Person-Centred Care

*mydiabetes + myway*  
... the interactive diabetes website

### Type 1 Diabetes



### Equality of Access

Collaboration with community health inequalities team on pre-diabetes education:

# National Diabetes Improvement Plan 2014

## Diabetes in Scotland: Priorities for Improvement

Aim: To improve the experience and clinical outcomes for patients living with diabetes across Scotland.

### Supporting & Developing Staff

Collaboration with QMU  
Courses for registered and non-registered staff  
Management of Diabetes course

### Improving Information

*mydiabetes \* myway*  
... the interactive diabetes website

### Inpatient Diabetes

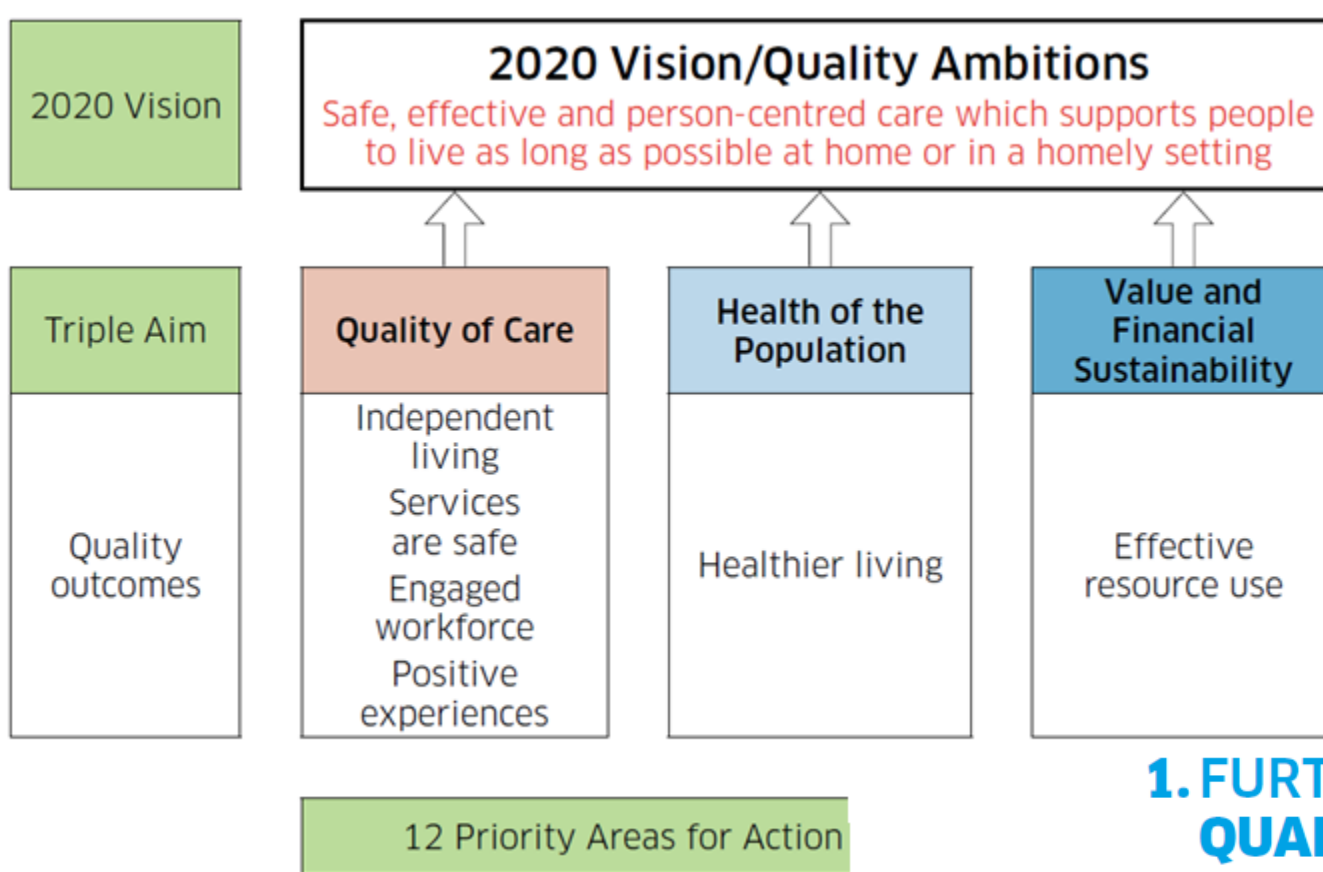


### Innovation

**diasend®** Clinic diasend® Clinic Patient diasend® Personal Support How it works About us What we value

The image shows a promotional graphic for the diasend mobile app. It features a smartphone on the left, a laptop in the center displaying a dashboard with a pie chart and bar graph, and a house icon on the right representing a home or clinic setting. Double-headed arrows connect the phone, laptop, and house, indicating connectivity. Text at the top right says 'FREE for patients!'. At the bottom, it states: 'diasend® empowers you to take control of your diabetes. On the move with the mobile app, at home with diasend® Personal and at your health care provider with diasend® Clinic.' A small 'Please note:' box is visible in the bottom right corner.

# Wider context: 2020 Vision for Health and Social Care



## 1. FURTHER IMPROVING THE QUALITY OF THE CARE WE PROVIDE WITH A PARTICULAR FOCUS ON:

'Our vision is that by 2020 everyone is able to live longer healthier lives at home, or in a homely setting.'

- **Increasing the role of primary care** – There is now a strong consensus on the urgent need for an expanded role for primary care and general practice in particular. This is at the heart of our 2020 Vision

# Challenges: technology in diabetes

- Insulin pumps:

- 11% T1DM adults in Lothian on pumps (SNP target 20%)
- Each pump costs ~ £2500 with annual consumable costs of ~ £3000
- Non-recurring funding to cover growing costs of service



- Continuous Glucose Monitoring (CGM)

- NICE guideline T1DM recommends CGM if problematic hypoglycaemia or if HbA1c persistently >75nmol/mol despite ≥10 tests a day.



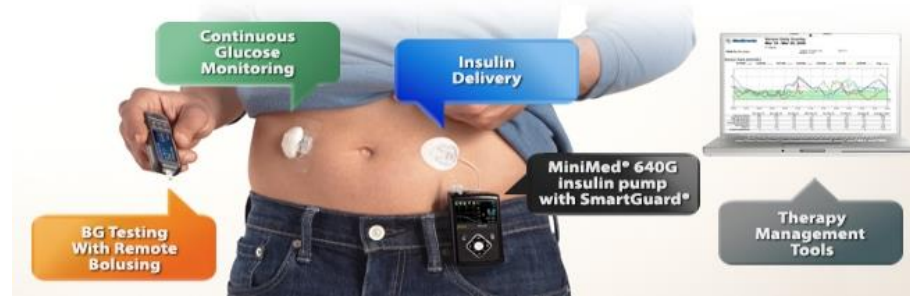
- Freestyle Libre (Flash GM)

- £150 start up and £100 pcm
- Not on prescribing tariff



- Sensor augmented pumps

- CGM speaks to pump
- Cost implications for the future



# Examples of pan-Lothian working

- Pan-Lothian services
  - DAFNE
  - Insulin pumps
  - Sub-specialty clinics/MDT: thyroid eye, TYA, thyroid cancer
  - Cross-cover for consultant and DSN sick leave at SJH
- Pan-Lothian education
  - ECED meetings
  - RCPE evening meetings
- Pan-Lothian research
  - Guidepost (coaching for T2DM)
  - STEP: Scottish Type 1 Education Programme
- Pan-Lothian trainees



# Examples of pan-Lothian working

- Pan-Lothian MCN
  - Previous clinical lead was Dr Karen Adamson, SJH
- Pan-Lothian directorate
  - Professional lead on each site, 3 site representation on operational group
  - Upgrading works in OPD1 SJH
- Pan-Lothian vision
  - ECED vision being updated. Aims include cross-site equity (clinical care, DCAQ)
  - Diabetes visioning day in May
- Moving forward
  - Linking in with IJBs (x4!)
  - WL Community DSN not replaced; DSNs and consultants covering the work



For discussion .....





**ST JOHN'S HOSPITAL STAKEHOLDER GROUP**

**Work Plan 15 March 2017**

| SUBJECT   | OFFICER                                       |
|---|---|
| <b>2017</b>   |   |
| <b>15 March Meeting</b>   |   |
| Paediatric Services/Paediatric Outpatient Clinic Waiting Times Update | Fiona Mitchell                                |
| Diabetes in Lothian   | Presentation - Joan Donnelly & Nicola Zammitt |
| Identifying ways to reduce pressure ulcers in hospital patients       | Agnes Ritchie                                 |
| Car Parking at St John's Hospital Update                              | Aris Tyrothoulakis                            |
| <b>19 April Meeting</b>   |   |
| Paediatric Services Update  | Fiona Mitchell                                |
| Hospital Weekend Working and Staffing Requirements                    | Aris Tyrothoulakis                            |
| <b>17 May Meeting</b>   |   |
| Paediatric Services Update  | Fiona Mitchell                                |
| <b>21 June Meeting</b>  |   |
| Paediatric Services Update  | Fiona Mitchell                                |
| West Lothian Childhood Obesity Project Update                         | Dr Rajeeb Rashid                              |

|  |                                     |
|--|-------------------------------------|
| <b>Items to be scheduled</b>             |                                     |
| Delivery of services for stroke patients | Aris Tyrothoulakis/Jacquie Campbell |