

MINUTE of MEETING of the HEALTH AND CARE POLICY DEVELOPMENT AND SCRUTINY PANEL of WEST Lothian Council held within Council Chambers, West Lothian Civic Centre, on 24 August 2017.

Present – Councillors Harry Cartmill (Chair), George Paul, David Dodds, Chris Horne (substituting for Charles Kennedy), Dom McGuire and Damian Timson

Apologies – Councillors Janet Campbell and Charles Kennedy; Mary Benson (Senior People's Forum Representative)

1. DECLARATIONS OF INTEREST

No declarations of interest were made.

2. MINUTE

The Panel confirmed the Minute of its meeting held on 1 June 2017. The Minute was thereafter signed by the Chair.

3. NHS Lothian Health Board Minute

A report had been circulated by the Depute Chief Executive to which was attached the Minute of the NHS Lothian Health Board meeting held on 5 April 2017.

In relation to the Minute the Panel Members wished to make a number of observations which included the following :-

- That an emerging theme throughout the Minute was a general lack of horizon scanning and financial planning;
- That the Patient Forum had recently been disbanded by NHS Lothian and therefore there was no longer a patient representative attending Board meetings; and
- Panel members continued to have concerns for the future of paediatric services at St John's Hospital

Decision

1. To note the contents of the NHS Lothian Health Board Minute; and
2. To note a number of concerns as expressed by Panel Members.

4. WEST Lothian Integration Joint Board Minute

A report had been circulated by the Depute Chief Executive to which was attached the Minute of the West Lothian Integration Joint Board (IJB) meeting held on 20 April 2017.

### Decision

To note the contents of the report

## 5. TOGETHER FOR HEALTH UPDATE

The Panel considered a report (copies of which had been circulated) by the Head of Planning, Economic Development and Regeneration providing an update on the activity of the Together for Health (T4H) programme.

The Panel was advised that T4H was a community based project, delivered by West Lothian Council, which worked in partnership with a range of local organisations, businesses and community groups to promote healthy lifestyles. The project aimed to deliver a variety of activities and events targeted at children and families, to encourage people to “Move More and Eat Better”.

Initially the project was set up and based in Armadale. In 2015 the T4H programme was launched in Fauldhouse. The T4H methods were tailored to suit the local area but to achieve the same outcomes as those identified in Armadale.

The initiative was originally funded by NHS Lothian and overseen by a consultant paediatrician. The council continued to deliver the project from within internal resources since 2016.

The report then continued by providing a summary of the nutrition programmes being delivered through the project including Fruity Friday and Smoothie Bikes. Information was also provided on the activities taking place including the Run for Fun and Santa Parade.

It was to be noted that local businesses were key partners in the delivery of many of the T4H programmes and interventions and that their support was vital in terms of the future sustainability of a number of signature events; the report provided a summary of those organisations involved including Dream Fitness being involved in Run for Fun in both Armadale and Fauldhouse and Scotmid providing water, fruit and healthy snacks at key events.

It was important to ensure that the local community was involved in many of the activities to ensure that there was buy-in from the local community who could then take ownership of many of the projects. Therefore T4H continued to work with Community Youth Services staff to help them promote health and wellbeing to their groups.

In terms of evaluation of the effectiveness of many of the projects customer feedback was regularly evaluated on the T4H programme and changes continued to be made. However it was to be noted that due to reduced staffing of the project over the past 18 months a reduced amount of data had been collected.

Therefore there had been a particular focus over the past year on transferring responsibility for delivery of activities, where appropriate to local community partners. This would ensure that in light of reducing resources in the public sector, long term sustainability of these interventions could be secured. In addition to enabling these activities to continue it would also build capacity in the community and increase the skills and confidence of the individuals and community groups involved.

It was recommended that the Panel notes and comments on the contents of the report and the progress to date. In particular, note :-

1. The continued development of T4H in Fauldhouse; and
2. The transfer of key activities and interventions to local partners

#### Decision

1. To Note the terms of the report;
2. To welcome the good work being done in the communities of Armadale and Fauldhouse; and
3. To request that officers provide an update on West Lothian Leisure's involvement with the project in Armadale.

#### 6. HEALTH IMPROVEMENT PRIORITIES

The Panel considered a report (copies of which had been circulated) by the Consultant in Public Health advising of the work of the Health Improvement and Health Inequalities Alliance (HIHIA), including its priorities for future work and the proposed activities to be funded in the next round of Health Improvement Fund projects from April 2018.

The Panel were advised that the Health Improvement and Health Inequalities Alliance (HIHIA) had been in place in its current form since 2011. Its overall aim was to "improve the health and well-being of those who lived and worked in West Lothian and to address the gap between those with the best health outcomes and those with the poorest health outcomes". It was also responsible for providing strategic direction for specific areas of health improvement work, with operational delivery being the responsibility of the relevant managers.

HIHIA was currently overseeing actions plans for the following areas of work :-

- Children and Young People's Health and Wellbeing;
- Health in Later Life
- Tobacco
- Food and Health

- Physical Activity

Each of these themes reported formally to the HIHIA at least once per year.

As well as overseeing programmes of work to address these health improvement topics, HIHIA recognised that wider work within the Community Planning Partnership had a significant impact on health. For this reason HIHIA also provided input to other policy areas as appropriate.

Between January and April 2017 members of the Alliance collated evidence and data to inform the development of priorities for its future work. This work included collating the following :-

- ❖ Relevant reports about the West Lothian context
- ❖ Routine data on health and health determinants in West Lothian
- ❖ Information on current health improvement activities in West Lothian
- ❖ Consultation with members of groups in West Lothian; and
- ❖ A development session involving members of the working group

Following discussion and consideration of the evidence, the group identified a number of priorities that would be taken forward in 2018; these were summarised in the report with further details contained in Appendix 1 attached to the report. They were :-

- Family engagement to promote mental health and wellbeing in children and young people
- Infant feeding
- Preventative interventions to promote healthy weight in children and young people
- Income maximization
- Community led health

HIHIA was asked to provide recommendations to NHS Lothian for the next round of NHS Lothian Health Improvement Funding from April 2018 to March 2021. There would be a total of £213,268 available for West Lothian projects from April 2018. The report provided a summary of how the funding would be distributed across the five themes.

It was recommended that the Panel notes the propose priorities.

### Decision

1. To note the contents of the report; and

2. To note the request from the Panel that they would welcome a report back to a future meeting of the panel on the subject of mental health and wellbeing in West Lothian and the council's strategy on this subject.

7. EUROPEAN FOUNDATION FOR QUALITY MANAGEMENT (EFQM) LEVELS OF EXCELLENCE PROGRAMME

The Panel considered a report (copies of which had been circulated) by the Depute Chief Executive outlining the process the Health and Social Care Partnership had followed for European Foundation for Quality Management (EFQM) Recognised for Excellence Programme.

EFQM Levels of Excellence was a recognition programme that was used by organisations, alongside internal assessment, to monitor and validate their progress through external validation and to compare their practice with sectors across Europe, including "best in class" high performing organisations.

The Health and Social Care Partnership submitted an application to the Recognised for Excellence Programme 2017 which was the top tier of Levels of Excellence. There were three levels within Recognised for Excellence; these being 3 star, 4 star and 5 star.

The report provided a summary of the three main phases that were followed as part of the assessment process and included a written submission and evidence gathering, a site visit and feedback.

The partnership was delighted to receive Recognised for Excellence 3 star at The Scottish Awards for Business Excellence 2017 on 21 June 2017 in Glasgow.

Additionally a detailed 50 page feedback report had been received and a feedback meeting with the Lead Assessor had been arranged for late August.

The Recognised for Excellence feedback report would allow the partnership to focus on areas that were in need of further development.

It was recommended that the Panel note the process followed for the EFQM process in 2016-17 and the success in achieving Recognised for Excellence 3 star.

Decision

1. To note the contents of the report; and
2. To record a note of congratulations to all the staff involved in the EFQM process.

8. AUDIT SCOTLAND REPORT - SOCIAL WORK IN SCOTLAND

The Panel considered a report (copies of which had been circulated) by the Head of Social Policy advising of the West Lothian position with regards to the recommendations resulting from the Audit Scotland report on the national audit of social work published in September 2016.

The Head of Social Policy advised the Panel that the audit had been carried out to examine how effectively councils were planning to address financial and demographic pressures facing social work in Scotland.

The report found a number of key challenges and these were summarised in the report.

The report also made a number of recommendations under the themes of social work strategy, governance and scrutiny arrangements, workforce issues and service efficiency.

The Head of Social Policy continued that whilst West Lothian was significantly affected by financial and demographic challenges the council benefitted from its long-term financial management strategy. The West Lothian Integrated Joint Board (IJB) had also adopted a robust strategic commissioning approach which incorporated a number of key service redesign programmes aimed at transforming the way we delivered services across whole systems and was developing new approaches aimed at increasing community capacity.

It was also to be noted that the role of the Chief Social Work Officer was well defined and supported in West Lothian and was linked effectively into council and partnership governance arrangements.

A more detailed overview of the West Lothian position with regards to the recommendations made by Audit Scotland was provided in Appendix 1 attached to the report.

It was recommended that the Panel note the recommendations made by Audit Scotland and the West Lothian position.

### Decision

1. To note the contents of the report and the accompanying Audit Scotland report; and
2. To note that challenges remained with a continuing constraint on finances within the public sector.