

# HEALTH AND CARE POLICY DEVELOPMENT AND SCRUTINY PANEL MENTAL HEALTH SERVICES WEST LOTHIAN – DEVELOPMENTS UPDATE REPORT BY DEPUTE CHIEF EXECUTIVE

# A. PURPOSE OF REPORT

The purpose of this report is to provide the Health and Care PDSP with an update on the continuing key developments within Mental Health Services in West Lothian.

# **B. RECOMMENDATION**

To note the progress made by the service to address the needs of this population.

# C. SUMMARY OF IMPLICATIONS

VIII Other consultations

SUMMARY OF IMPLICATIONS		
l	Council Values	<ul> <li>Focusing on our customers' needs</li> <li>Being honest, open and accountable</li> <li>Providing equality of opportunity</li> <li>Developing employees</li> <li>Making best use of resources</li> <li>Working in partnership</li> </ul>
II	Policy and Legal (including Strategic Environmental Assessment, Equality Issues, Health or Risk Assessment)	Adults with Incapacity (Scotland) Act 2000  Mental Health (Care and Treatment) (Scotland)  Act 2003
III	Implications for Scheme of Delegations to Officers	None
IV	Impact on performance and performance Indicators	None
V	Relevance to Single Outcome Agreement	People most at risk are protected and supported to achieve improved life chances
VI	Resources - (Financial, Staffing and Property)	None
VII	Consideration at PDSP	None

#### D. TERMS OF REPORT

# **Background**

Mental Health services in West Lothian are currently configured as follows:

- 320+ Employees working in Mental Health and Addictions services in NHS Lothian in West Lothian
- 4 groups Acute Adults, Older People, Community and Day Services, Addictions
- · 3 In-patient wards
- · 2 Day services
- 2 Continuing Care Wards
- 1 Rehabilitation Unit
- 6 community-based teams
- · Adults with Incapacity Team

# **Acute Care and Support Team (ACAST)**

ACAST is a nursing team that works to prevent admission to hospital and to facilitate successful discharge. The Team has a significant presence in A&E at St John's Hospital (9am-Midnight 7 days per week). The team has had significant investment from the HSCP to grow the team over the past 5 years. It receives approximately 130 referrals per month on average. On average, less than 15% of patients assessed and supported by ACAST require a hospital admission and over 60% can be supported at home as a direct alternative to hospital admission.

A presentation will expand on the history of the Team, key work streams, outputs and outcomes and future developments.

#### E. CONCLUSION

This report and the accompanying presentation sets out the role of the Acute Care and Support Team (ACAST) within West Lothian. This is a key team within mental health services that assists with the bridge between inpatient and outpatient care.

#### F. BACKGROUND REFERENCES

None

Appendices/Attachments: None

Contact Person: Nick Clater, General Manager – Mental Health and Addictions (with

Portfolio for Planned Care/Access)

Tel 01506 523805

Date: 7<sup>th</sup> February 2019